November

B&M Catering Co. - K12 Programs

26-27 RILPCSC Breakfast Menu

2 **Breakfast Entree** Hot French Toast Sticks (2 ct) *Or* Cereal Variety (General Mills) **Fruit** Orange Juice Applesauce **Milk** Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) **Condiments** Breakfast Syrup	**3** **Breakfast Entree** Hot Waffles (2 ct) *Or* Cereal Variety (General Mills) **Fruit** Grape Juice Navel Orange **Milk** Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) **Condiments** Breakfast Syrup	**4** **Breakfast Entree** Hot English Muffin w/ Chicken Sausage, Egg & Cheese *Or* White Whole Grain Bagel **Fruit** Orange Juice Gala Apple **Milk** Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) **Condiments** Ketchup Packet Cream Cheese	**5** **Breakfast Entree** Hot Breakfast Burrito w/ Egg, Cheese & Turkey Sausage *Or* Strawberry Cream Cheese Mini Bagels **Fruit** Apple Juice Banana **Milk** Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) **Condiments** Ketchup Packet	**6** **Breakfast Entree** Hot English Muffin w/ Egg & Cheddar Cheese *Or* Apple Frudel **Fruit** Orange Juice Applesauce **Milk** Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) **Condiments** Ketchup Packet
9 **Breakfast Entree** Hot Pancakes (2 ct) *Or* Cereal Bar Variety (General Mills) **Fruit** Orange Juice Applesauce **Milk** Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) **Condiments** Breakfast Syrup	**10** **Breakfast Entree** Hot Breakfast Burrito w/ Egg, Cheese & Turkey Sausage *Or* Cereal Bar Variety (General Mills) **Fruit** Apple Juice Navel Orange **Milk** Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) **Condiments** Breakfast Syrup	**11** *Veterans Day*	**12** **Breakfast Entree** Hot French Toast Sticks (2 ct) *Or* Cinnamon Mini Cinnis **Fruit** Grape Juice Banana **Milk** Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) **Condiments** Ketchup Packet	**13** **Breakfast Entree** Hot English Muffin w/ Egg & Cheddar Cheese *Or* Apple Frudel **Fruit** Orange Juice Applesauce **Milk** Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) **Condiments** Ketchup Packet

16 **Breakfast Entree** Hot Waffles (2 ct) *Or* Cereal Bar Variety (General Mills) **Fruit** Orange Juice Applesauce **Milk** Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) **Condiments** Breakfast Syrup	**17** **Breakfast Entree** Hot Pancakes (2 ct) *Or* Cereal Bar Variety (General Mills) **Fruit** Apple Juice Navel Orange **Milk** Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) **Condiments** Breakfast Syrup	**18** **Breakfast Entree** Hot English Muffin w/ Chicken Sausage, Egg & Cheese *Or* White Whole Grain Bagel **Fruit** Orange Juice Gala Apple **Milk** Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) **Condiments** Ketchup Packet Cream Cheese	**19** **Breakfast Entree** Hot Breakfast Burrito w/ Egg, Cheese & Turkey Sausage *Or* Cinnamon Mini Cinnis **Fruit** Grape Juice Banana **Milk** Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) **Condiments** Ketchup Packet	**20** **Breakfast Entree** Hot English Muffin w/ Egg & Cheddar Cheese *Or* Strawberry Cream Cheese Mini Bagels **Fruit** Orange Juice Applesauce **Milk** Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) **Condiments** Ketchup Packet
23 **Breakfast Entree** Hot French Toast Sticks (2 ct) *Or* Cereal Variety (General Mills) **Fruit** Orange Juice Applesauce **Milk** Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) **Condiments** Breakfast Syrup	**24** **Breakfast Entree** Hot Breakfast Burrito w/ Egg, Cheese & Turkey Sausage *Or* Cereal Variety (General Mills) **Fruit** Grape Juice Navel Orange **Milk** Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) **Condiments** Breakfast Syrup	**25** **Breakfast Entree** Hot English Muffin w/ Chicken Sausage, Egg & Cheese *Or* White Whole Grain Bagel **Fruit** Orange Juice Gala Apple **Milk** Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) **Condiments** Ketchup Packet Cream Cheese	**26** *Thanksgiving*	**27** *Thanksgiving*

Breakfast Entree **30** Hot Pancakes (2 ct) *Or* Cereal Bar Variety (General Mills) **Fruit** Orange Juice Applesauce **Milk** Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) **Condiments** Breakfast Syrup				

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To file a program discrimination complaint, complete the USDA Program Discrimination Complaint Form, AD-3027, found online at How to File a Program Discrimination Complaint and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Mail Stop 9410, Washington, D.C. 20250-9410;
fax: (202) 690-7442; or
email: program.intake@usda.gov.

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November

B&M Catering Co. - K12 Programs

26-27 RILPCSC Lunch Menu

2 **Lunch Entree** *Choice of* Nachos w/ Taco Beef, Lettuce & Tortilla Scoops (no cheese) Chicken Salad Sandwich on Wheat Hamburger Roll Soy Butter Sandwich w/ Jelly **Vegetables** Salad Bar **Fruit** Gala Apple Banana Navel Orange **Milk** Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) **Condiments** Salsa Sour Cream Shredded Cheddar Cheese Crushed Red Pepper Flakes Paprika Black Pepper Parsley Flakes Oregano	**3** *Election Day*	**4** **Lunch Entree** *Choice of* Turkey Breakfast Sausage (2 ct) & French Toast Sticks (2 ct) Chicken Caesar Wrap Soy Butter Sandwich w/ Jelly **Vegetables** Roasted Potatoes (1 c) Salad Bar **Fruit** Gala Apple Banana Navel Orange **Milk** Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) **Condiments** Crushed Red Pepper Flakes Paprika Black Pepper Parsley Flakes Oregano Breakfast Syrup Ketchup Packet	**5** **Lunch Entree** *Choice of* Meatballs (6 ct) & Pasta (1 c) w/ Parmesan Cheese Turkey & Cheese Sandwich on Wheat Hamburger Roll Soy Butter Sandwich w/ Jelly **Vegetables** Salad Bar **Fruit** Gala Apple Banana Navel Orange **Milk** Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) **Condiments** Crushed Red Pepper Flakes Paprika Black Pepper Parsley Flakes Oregano	**6** **Lunch Entree** *Choice of* Cheese Quesadilla Tuna Salad Sandwich (1/2 c) on Wheat Hamburger Roll Soy Butter Sandwich w/ Jelly **Vegetables** Salad Bar **Fruit** Gala Apple Banana Navel Orange **Milk** Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) **Condiments** Salsa Sour Cream Crushed Red Pepper Flakes Paprika Black Pepper Parsley Flakes Oregano

9	10	11	12	13
Lunch Entree *Choice of* Breaded Chicken Drumsticks Chicken Salad Sandwich on Wheat Hamburger Roll Soy Butter Sandwich w/ Jelly **Vegetables** Roasted Potatoes (1 c) Salad Bar **Fruit** Gala Apple Banana Navel Orange **Grains** Wheat Dinner Roll **Milk** Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) **Condiments** Crushed Red Pepper Flakes Paprika Black Pepper Parsley Flakes Oregano	**Lunch Entree** *Choice of* BBQ Pulled Chicken Sandwich on Wheat Hamburger Roll Turkey & Cheese Sandwich on Wheat Hamburger Roll Soy Butter Sandwich w/ Jelly **Vegetables** Salad Bar **Fruit** Gala Apple Banana Navel Orange **Milk** Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) **Condiments** Crushed Red Pepper Flakes Paprika Black Pepper Parsley Flakes Oregano	*Veterans Day*	**Lunch Entree** *Choice of* Ramen Bar Turkey & Cheese Sandwich on Wheat Hamburger Roll Soy Butter Sandwich w/ Jelly **Vegetables** Salad Bar **Fruit** Gala Apple Banana Navel Orange **Milk** Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) **Condiments** Crushed Red Pepper Flakes Paprika Black Pepper Parsley Flakes Oregano	**Lunch Entree** *Choice of* Buffalo Mac & Cheese Turkey Sandwich on Wheat Hamburger Roll Soy Butter Sandwich w/ Jelly **Vegetables** Salad Bar **Fruit** Gala Apple Banana Navel Orange **Milk** Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) **Condiments** Crushed Red Pepper Flakes Paprika Black Pepper Parsley Flakes Oregano

16	17	18	19	20
Lunch Entree	**Lunch Entree**	**Lunch Entree**	**Lunch Entree**	**Lunch Entree**
Choice of	*Choice of*	*Choice of*	*Choice of*	*Choice of*
American Chop Suey w/ Beef, Tomato Sauce & Rotini (2 oz MMA, 1 oz WG)	Chicken Tenders on Wheat Hamburger Roll	Burger Bar w/ Cheese, Lettuce, Tomato, Pickles & Onions	Chicken Alfredo Pasta	Red Pizza w/ Cheese
Chicken Salad Sandwich on Wheat Hamburger Roll	Turkey & Cheese Sandwich on Wheat Hamburger Roll	Chicken Caesar Wrap	Turkey & Cheese Sandwich on Wheat Hamburger Roll	Tuna Salad Sandwich (1/2 c) on Wheat Hamburger Roll
Soy Butter Sandwich w/ Jelly	Soy Butter Sandwich w/ Jelly	Soy Butter Sandwich w/ Jelly	Soy Butter Sandwich w/ Jelly	Soy Butter Sandwich w/ Jelly
Vegetables	**Vegetables**	**Vegetables**	**Vegetables**	**Vegetables**
Salad Bar	Salad Bar	Roasted Potatoes (1 c)	Salad Bar	Salad Bar
Fruit	**Fruit**	Salad Bar	**Fruit**	**Fruit**
Gala Apple	Gala Apple	**Fruit**	Gala Apple	Gala Apple
Banana	Banana	Gala Apple	Banana	Banana
Navel Orange	Navel Orange	Banana	Navel Orange	Navel Orange
Milk	**Milk**	Navel Orange	**Milk**	**Milk**
Milk, 1% Carton (8 oz)	Milk, 1% Carton (8 oz)	**Milk**	Milk, 1% Carton (8 oz)	Milk, 1% Carton (8 oz)
Milk, Skim Chocolate Carton (8 oz)	Milk, Skim Chocolate Carton (8 oz)	Milk, 1% Carton (8 oz)	Milk, Skim Chocolate Carton (8 oz)	Milk, Skim Chocolate Carton (8 oz)
Condiments	**Condiments**	Milk, Skim Chocolate Carton (8 oz)	**Condiments**	**Condiments**
Crushed Red Pepper Flakes	Ketchup Packet	**Condiments**	Crushed Red Pepper Flakes	Crushed Red Pepper Flakes
Paprika	Mayonnaise Packet	Ketchup Packet	Paprika	Paprika
Black Pepper	Mustard Packet	Mayonnaise Packet	Black Pepper	Black Pepper
Parsley Flakes	Crushed Red Pepper Flakes	Mustard Packet	Parsley Flakes	Parsley Flakes
Oregano	Paprika	Crushed Red Pepper Flakes	Oregano	Oregano
	Black Pepper	Paprika		
	Parsley Flakes	Black Pepper		
	Oregano	Parsley Flakes		
		Oregano		

23	24	25	26	27
Lunch Entree *Choice of* Chicken Tenders on Wheat Hamburger Roll Chicken Caesar Wrap Soy Butter Sandwich w/ Jelly **Vegetables** Salad Bar **Fruit** Gala Apple Banana Navel Orange **Milk** Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) **Condiments** Crushed Red Pepper Flakes Paprika Black Pepper Parsley Flakes Oregano	**Lunch Entree** *Choice of* Nachos w/ Taco Beef, Lettuce & Tortilla Scoops (no cheese) Chicken Caesar Wrap Soy Butter Sandwich w/ Jelly **Vegetables** Salad Bar **Fruit** Gala Apple Banana Navel Orange **Milk** Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) **Condiments** Salsa Shredded Cheddar Cheese Sour Cream Crushed Red Pepper Flakes Paprika Black Pepper Parsley Flakes Oregano	**Lunch Entree** *Choice of* Turkey Breakfast Sausage (2 ct) & French Toast Sticks (2 ct) Chicken Caesar Wrap Soy Butter Sandwich w/ Jelly **Vegetables** Roasted Potatoes (1 c) Salad Bar **Fruit** Gala Apple Banana Navel Orange **Milk** Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) **Condiments** Crushed Red Pepper Flakes Paprika Black Pepper Parsley Flakes Oregano Breakfast Syrup Ketchup Packet	*Thanksgiving*	*Thanksgiving*

Lunch Entree **30** *Choice of* Breaded Chicken Drumsticks Chicken Salad Sandwich on Wheat Hamburger Roll Soy Butter Sandwich w/ Jelly **Vegetables** Roasted Potatoes (1 c) Salad Bar **Fruit** Gala Apple Banana Navel Orange **Grains** Wheat Dinner Roll **Milk** Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) **Condiments** Crushed Red Pepper Flakes Paprika Black Pepper Parsley Flakes Oregano				

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mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Mail Stop 9410, Washington, D.C. 20250-9410;
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