September

B&M Catering Co. 25-26 Lunch Menu

And Roasted Potatoes (3/4 c) Ketchup Packet Sandwich Entree Turkey & Cheese Sandwich on Wheat Hamburger Roll Mayonnaise Packet Mustard Packet With Carrot Slims (3/4 c) Labor Day Vegetable Dip (1/8 c) Salad Entree Garden Salad w/ Cheese & Wheat Dinner Roll Ranch Dressing (½ oz) Fruit Apple (whole) Milk Milk, 1% Carton (8 oz) Or Milk. Skim Chocolate Carton (8 oz)

Hot Lunch Entree

Hamburger Roll

Chicken Patty on Wheat

American Chop Suey (1 c) w/ Beef. Tomato Sauce &

Rotini

Sandwich Entree

Chicken Caesar Wrap

Vegetables

Fresh Broccoli (3/4 c) Vegetable Dip (1/8 c)

Salad Entree

Chickpea Salad w/ Mandarin Oranges & Wheat Dinner Roll

Ranch Dressing (½ oz)

Fruit

Diced Peaches (3/4 c)

Milk

Milk, 1% Carton (8 oz)

Or

Milk, Skim Chocolate Carton (8 oz)

Hot Lunch Entree

Spanish Chicken & Rice

And

3

Five Way Vegetable Blend w/ carrots, corn, peas, green beans, lima beans

Sandwich Entree

Veggie Hummus Wrap

With

Cucumber Slices (3/4 c)

Vegetable Dip (1/8 c)

Salad Entree

Chicken Caesar Salad & Wheat Dinner Roll

Ranch Dressing (½ oz)

Fruit

Diced Pears (3/4 c)

Milk

Milk, 1% Carton (8 oz)

Or

Milk, Skim Chocolate Carton (8 oz)

Hot Lunch Entree

Mac & Cheese

Sandwich Entree

Tuna Salad Sandwich (1/2 c) on Wheat Hamburger Roll

Vegetables

Carrot Slims (3/4 c)

Vegetable Dip (1/8 c)

Salad Entree

Chef Salad w/ Ham, Turkey, Cheese & Wheat Dinner Roll

Ranch Dressing (½ oz)

Fruit

Navel Orange (whole)

Milk

Milk, 1% Carton (8 oz)

Or

Milk, Skim Chocolate Carton (8 oz)

Creamy Cole Slaw (3/4 c) Ketchup Packet

Mayonnaise Packet

Mustard Packet

Sandwich Entree

Chicken Salad Sandwich on Wheat Hamburger Roll

With

Carrot Slims (3/4 c)

Vegetable Dip (1/8 c)

Salad Entree

Caprese Salad & Wheat Dinner Roll

Ranch Dressing (½ oz)

Fruit

Apple (whole)

Milk

Milk, 1% Carton (8 oz)

Or

Milk, Skim Chocolate Carton (8 oz)

Hot Lunch Entree

Chicken Lo Mein (1 c)

Sandwich Entree

Turkey & Cheese Sandwich on Wheat Hamburger Roll

Mayonnaise Packet

Mustard Packet

Vegetables

Cucumber Slices (3/4 c)

Vegetable Dip (1/8 c)

Salad Entree

Garden Salad w/ Cheese & Wheat Dinner Roll

Ranch Dressing (½ oz)

Fruit

Banana (whole)

Milk

Milk, 1% Carton (8 oz)

Or

Milk, Skim Chocolate Carton (8 oz)

Hot Lunch Entree

Turkey Breakfast Sausage

And

French Toast Sticks (2 ct)

Roasted Potatoes (3/4 c)

Ketchup Packet

Breakfast Syrup

Sandwich Entree

Chicken Caesar Wrap

With

Fresh Broccoli (3/4 c)

Vegetable Dip (1/8 c)

Salad Entree

Chickpea Salad w/ Mandarin Oranges & Wheat Dinner Roll

Ranch Dressing (½ oz)

Fruit

Applesauce

Milk

Milk, 1% Carton (8 oz)

Or

Milk, Skim Chocolate Carton (8 oz)

10 Hot Lunch Entree

Nachos w/ Taco Beef & Cheese, Lettuce & Tortilla Scoops

Sandwich Entree

Veggie Hummus Wrap
With

Cucumber Slices (3/4 c)

Vegetable Dip (1/8 c)

Salad Entree

Chicken Caesar Salad & Wheat Dinner Roll

Ranch Dressing (½ oz)

Fruit

Navel Orange (whole)

Milk

Milk, 1% Carton (8 oz)

Or

Milk, Skim Chocolate Carton (8 oz)

Hot Lunch Entree

Red Pizza cut 12 w/ Cheese

(2 oz)

And

11

Spring Mix Salad

Sandwich Entree

Tuna Salad Sandwich (1/2 c) on Wheat Hamburger Roll

With

Carrot Slims (3/4 c)

Vegetable Dip (1/8 c)

Salad Entree

Chef Salad w/ Ham, Turkey, Cheese & Wheat Dinner Roll

Ranch Dressing (½ oz)

Fruit

Pineapple Tidbits (3/4 c)

Milk

Milk, 1% Carton (8 oz)

Or

Milk, Skim Chocolate Carton (8 oz)

Dino Chicken Nuggets (5 ct) & Wheat Dinner Roll

And

Roasted Potatoes (3/4 c)

Ketchup Packet

Sandwich Entree

Chicken Salad Sandwich on Wheat Hamburger Roll

With

Carrot Slims (3/4 c)

Vegetable Dip (1/8 c)

Salad Entree

Caprese Salad & Wheat Dinner Roll

Ranch Dressing (½ oz)

Fruit

Apple (whole)

Milk

Milk, 1% Carton (8 oz)

Or

Milk. Skim Chocolate Carton (8 oz)

Beef & Bean Chili (1 c) w/ Tortilla Scoops

Sandwich Entree

Turkey & Cheese Sandwich on Wheat Hamburger Roll

Mayonnaise Packet

Mustard Packet

And

15

Cucumber Slices (3/4 c)

Vegetable Dip (1/8 c)

Salad Entree

Garden Salad w/ Cheese & Wheat Dinner Roll

Ranch Dressing (½ oz)

Fruit

Banana (whole)

Milk

Milk, 1% Carton (8 oz)

Or

Milk. Skim Chocolate Carton (8 oz)

Chicken Faiita Mac & Cheese (1 c)

Sandwich Entree

Chicken Caesar Wrap

Vegetables

Fresh Broccoli (3/4 c)

Vegetable Dip (1/8 c)

Salad Entree

Chickpea Salad w/ Mandarin Oranges & Wheat Dinner Roll

Ranch Dressing (½ oz)

Fruit

Diced Peaches (3/4 c)

Milk

Milk, 1% Carton (8 oz)

Or

Milk. Skim Chocolate Carton (8 oz)

Meatballs (6 ct) & Pasta (1 c) w/ Parmesan Cheese

And

17

Spring Mix Salad

Sandwich Entree

Veggie Hummus Wrap

With

Carrot Slims (3/4 c)

Vegetable Dip (1/8 c)

Salad Entree

Chicken Caesar Salad & Wheat Dinner Roll

Ranch Dressing (½ oz)

Fruit

Diced Pears (3/4 c)

Milk

Milk, 1% Carton (8 oz)

Or

Milk. Skim Chocolate Carton (8 oz)

Sandwich Entree

Tuna Salad Sandwich (1/2 c) on Wheat Hamburger Roll

Spanish Rice & Beans (1 c)

Vegetables

Cucumber Slices (3/4 c)

Vegetable Dip (1/8 c)

Salad Entree

Chef Salad w/ Ham. Turkev. Cheese & Wheat Dinner Roll

Ranch Dressing (½ oz)

Fruit

Navel Orange (whole)

Milk

Milk, 1% Carton (8 oz)

Or

Milk. Skim Chocolate Carton (8 oz)

And

Roasted Potatoes (3/4 c)

Ketchup Packet

Sandwich Entree

Chicken Salad Sandwich on Wheat Hamburger Roll

With

Carrot Slims (3/4 c)

Vegetable Dip (1/8 c)

Salad Entree

Caprese Salad & Wheat Dinner Roll

Ranch Dressing (½ oz)

Fruit

Apple (whole)

Milk

Milk, 1% Carton (8 oz)

Or

Milk, Skim Chocolate Carton (8 oz)

22 Hot Lunch Entree

American Chop Suey (1 c) w/ Beef, Tomato Sauce & Rotini

Sandwich Entree

Turkey & Cheese Sandwich on Wheat Hamburger Roll

Mayonnaise Packet

Mustard Packet

Vegetables

Fresh Broccoli (3/4 c)

Vegetable Dip (1/8 c)

Salad Entree

Garden Salad w/ Cheese & Wheat Dinner Roll

Ranch Dressing (½ oz)

Fruit

Banana (whole)

Milk

Milk, 1% Carton (8 oz)

Or

Milk, Skim Chocolate Carton (8 oz)

Hot Lunch Entree

Spanish Chicken & Rice And

Five Way Vegetable Blend w/ carrots, corn, peas, green beans, lima beans

Sandwich Entree

Chicken Caesar Wrap

With

23

Cucumber Slices (3/4 c)

Vegetable Dip (1/8 c)

Salad Entree

Chickpea Salad w/ Mandarin Oranges & Wheat Dinner Roll

Ranch Dressing (½ oz)

Fruit

Diced Pears (3/4 c)

Milk

Milk, 1% Carton (8 oz)

Or

Milk, Skim Chocolate Carton (8 oz)

Hot Lunch Entree

24

Meatball Grinder (6 ct) w/ Cheese on Wheat Hot Dog Roll

Sandwich Entree

Veggie Hummus Wrap

Vegetables

Carrot Slims (3/4 c)

Vegetable Dip (1/8 c)

Salad Entree

Chicken Caesar Salad & Wheat Dinner Roll

Ranch Dressing (½ oz)

Fruit

Navel Orange (whole)

Milk

Milk, 1% Carton (8 oz)

Or

Milk, Skim Chocolate Carton (8 oz)

Hot Lunch Entree

Mac & Cheese

25

Sandwich Entree

Tuna Salad Sandwich (1/2 c) on Wheat Hamburger Roll

Vegetables

Fresh Broccoli (3/4 c)

Vegetable Dip (1/8 c)

Salad Entree

Chef Salad w/ Ham, Turkey, Cheese & Wheat Dinner Roll

Ranch Dressing (½ oz)

Fruit

Navel Orange (whole)

Milk

Milk, 1% Carton (8 oz)

Or

Milk, Skim Chocolate Carton (8 oz)

Hot Lunch Entree 29	Hot Lunch Entree 30
Hamburger (3 oz) on Wheat	Chicken Lo Mein (1 c)
Roll	Sandwich Entree
And	Turkey & Cheese Sandwich
Creamy Cole Slaw (3/4 c)	on Wheat Hamburger Roll
Ketchup Packet	Mayonnaise Packet
Mayonnaise Packet	Mustard Packet
Mustard Packet	Vegetables
Sandwich Entree	Cucumber Slices (3/4 c)
Chicken Salad Sandwich on	Vegetable Dip (1/8 c)
Wheat Hamburger Roll	Salad Entree
With	Garden Salad w/ Cheese &
Carrot Slims (3/4 c)	Wheat Dinner Roll
Vegetable Dip (1/8 c)	Ranch Dressing (½ oz)
Salad Entree	Fruit
Caprese Salad & Wheat	Banana (whole)
Dinner Roll	Milk
Ranch Dressing (½ oz)	Milk, 1% Carton (8 oz)
Fruit	Or
Apple (whole)	Milk, Skim Chocolate Carton
Milk	(8 oz)
Milk, 1% Carton (8 oz)	
Or	
Milk, Skim Chocolate Carton	

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