

September

B&M Catering Co. - K12 Programs

26-27 RILPCSC Breakfast Menu

		1	Breakfast Entree Hot Waffles (2 ct) Or Cereal Variety (General Mills) Fruit Grape Juice Navel Orange Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Breakfast Syrup	2	Breakfast Entree Hot English Muffin w/ Chicken Sausage, Egg & Cheese Or White Whole Grain Bagel Fruit Orange Juice Gala Apple Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Ketchup Packet Cream Cheese	3	Breakfast Entree Hot Breakfast Burrito w/ Egg, Cheese & Turkey Sausage Or Strawberry Cream Cheese Mini Bagels Fruit Apple Juice Banana Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Ketchup Packet	4	Breakfast Entree Hot English Muffin w/ Egg & Cheddar Cheese Or Apple Frudel Fruit Orange Juice Applesauce Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Ketchup Packet
		5	Breakfast Entree Hot French Toast Sticks (2 ct) Or Cereal Variety (General Mills) Fruit Grape Juice Navel Orange Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Breakfast Syrup	6	Breakfast Entree Hot English Muffin w/ Chicken Sausage, Egg & Cheese Or White Whole Grain Bagel Fruit Orange Juice Gala Apple Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Ketchup Packet Cream Cheese	7	Breakfast Entree Hot Breakfast Burrito w/ Egg, Cheese & Turkey Sausage Or Strawberry Cream Cheese Mini Bagels Fruit Apple Juice Banana Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Ketchup Packet	8	Breakfast Entree Hot English Muffin w/ Egg & Cheddar Cheese Or Apple Frudel Fruit Orange Juice Applesauce Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Ketchup Packet
Labor Day		9	Breakfast Entree Hot French Toast Sticks (2 ct) Or Cereal Bar Variety (General Mills) Fruit Apple Juice Navel Orange Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Breakfast Syrup	10	Breakfast Entree Hot Pancakes (2 ct) Or White Whole Grain Bagel Fruit Orange Juice Gala Apple Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Breakfast Syrup Cream Cheese	11	Breakfast Entree Hot Breakfast Burrito w/ Egg, Cheese & Turkey Sausage Or Cinnamon Mini Cinnis Fruit Grape Juice Banana Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Ketchup Packet	12	Breakfast Entree Hot English Muffin w/ Egg & Cheddar Cheese Or Cherry Strudel Fruit Orange Juice Applesauce Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Ketchup Packet
		13	Breakfast Entree Hot French Toast Sticks (2 ct) Or Cereal Bar Variety (General Mills) Fruit Apple Juice Navel Orange Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Breakfast Syrup	14	Breakfast Entree Hot Pancakes (2 ct) Or White Whole Grain Bagel Fruit Orange Juice Gala Apple Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Breakfast Syrup Cream Cheese	15	Breakfast Entree Hot Breakfast Burrito w/ Egg, Cheese & Turkey Sausage Or Cinnamon Mini Cinnis Fruit Grape Juice Banana Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Ketchup Packet	16	Breakfast Entree Hot English Muffin w/ Egg & Cheddar Cheese Or Cherry Strudel Fruit Orange Juice Applesauce Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Ketchup Packet

Breakfast Entree Hot Waffles (2 ct) Or Cereal Bar Variety (General Mills) Fruit Orange Juice Applesauce Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Breakfast Syrup	14	Breakfast Entree Hot Pancakes (2 ct) Or Cereal Bar Variety (General Mills) Fruit Apple Juice Navel Orange Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Breakfast Syrup	15	Breakfast Entree Hot English Muffin w/ Chicken Sausage, Egg & Cheese Or White Whole Grain Bagel Fruit Orange Juice Gala Apple Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Ketchup Packet Cream Cheese	16	Breakfast Entree Hot Breakfast Burrito w/ Egg, Cheese & Turkey Sausage Or Cinnamon Mini Cinnis Fruit Grape Juice Banana Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Ketchup Packet	17	Breakfast Entree Hot English Muffin w/ Egg & Cheddar Cheese Or Strawberry Cream Cheese Mini Bagels Fruit Orange Juice Applesauce Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Ketchup Packet	18
Breakfast Entree Hot French Toast Sticks (2 ct) Or Cereal Variety (General Mills) Fruit Orange Juice Applesauce Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Breakfast Syrup	21	Breakfast Entree Hot Waffles (2 ct) Or Cereal Variety (General Mills) Fruit Grape Juice Navel Orange Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Breakfast Syrup	22	Breakfast Entree Hot English Muffin w/ Chicken Sausage, Egg & Cheese Or White Whole Grain Bagel Fruit Orange Juice Gala Apple Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Ketchup Packet Cream Cheese	23	Breakfast Entree Hot Breakfast Burrito w/ Egg, Cheese & Turkey Sausage Or Strawberry Cream Cheese Mini Bagels Fruit Apple Juice Banana Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Ketchup Packet	24	Breakfast Entree Hot English Muffin w/ Egg & Cheddar Cheese Or Apple Frudel Fruit Orange Juice Applesauce Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Ketchup Packet	25

Breakfast Entree Hot Pancakes (2 ct) Or Cereal Bar Variety (General Mills) Fruit Orange Juice Applesauce Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Breakfast Syrup	28 Breakfast Entree Hot French Toast Sticks (2 ct) Or Cereal Bar Variety (General Mills) Fruit Apple Juice Navel Orange Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Breakfast Syrup	29 Breakfast Entree Hot English Muffin w/ Chicken Sausage, Egg & Cheese Or White Whole Grain Bagel Fruit Orange Juice Gala Apple Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Ketchup Packet Cream Cheese	30	
---	--	--	-----------	--

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, religion, sex, disability, age, marital status, family/parental status, income derived from a public assistance program, political beliefs, or reprisal or retaliation for prior civil rights activity, in any program or activity conducted or funded by USDA (not all bases apply to all programs). Remedies and complaint filing deadlines vary by program or incident.

Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotope, American Sign Language, etc.) should contact the State or local Agency that administers the program or contact USDA through the Telecommunications Relay Service at 711 (voice and TTY). Additionally, program information may be made available in languages other than English.

To file a program discrimination complaint, complete the USDA Program Discrimination Complaint Form, [AD-3027](#), found online at How to File a Program Discrimination Complaint and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call [\(866\) 632-9992](#). Submit your completed form or letter to USDA by:

mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Mail Stop 9410, Washington, D.C. 20250-9410;
fax: [\(202\) 690-7442](#); or
email: program.intake@usda.gov.

USDA is an equal opportunity provider, employer, and lender.

September

B&M Catering Co. - K12 Programs

26-27 RILPCSC Lunch Menu 9-12

	1	2	3	4
	Lunch Entree Nachos w/ Taco Beef, Lettuce & Tortilla Scoops (no cheese) Chicken Caesar Wrap Soy Butter Sandwich w/ Jelly Vegetables Salad Bar Fruit Gala Apple Banana Navel Orange Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Crushed Red Pepper Flakes Paprika Black Pepper Parsley Flakes Oregano Salsa Sour Cream Shredded Cheddar Cheese	Lunch Entree Chicken Caesar Wrap Chicken Tenders on Wheat Hamburger Roll Soy Butter Sandwich w/ Jelly Vegetables Salad Bar Fruit Gala Apple Banana Navel Orange Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Crushed Red Pepper Flakes Paprika Black Pepper Parsley Flakes Oregano	Lunch Entree Cheesy Beef Tortellini & Wheat Dinner Roll Chicken Caesar Wrap Soy Butter Sandwich w/ Jelly Vegetables Salad Bar Fruit Gala Apple Banana Navel Orange Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Crushed Red Pepper Flakes Paprika Black Pepper Parsley Flakes Oregano	Lunch Entree Cheese Quesadilla Chicken Caesar Wrap Soy Butter Sandwich w/ Jelly Vegetables Salad Bar Fruit Gala Apple Banana Navel Orange Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Crushed Red Pepper Flakes Paprika Black Pepper Parsley Flakes Oregano

Labor Day	7 Lunch Entree Swedish Meatballs w/ Gravy & Rotini Turkey & Cheese Sandwich on Wheat Hamburger Roll Soy Butter Sandwich w/ Jelly Vegetables Salad Bar Fruit Gala Apple Banana Navel Orange Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Crushed Red Pepper Flakes Paprika Black Pepper Parsley Flakes Oregano	8 Lunch Entree Chicken Soft Taco Turkey & Cheese Sandwich on Wheat Hamburger Roll Soy Butter Sandwich w/ Jelly Vegetables Salad Bar Shredded Iceberg Lettuce Fruit Gala Apple Banana Navel Orange Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Crushed Red Pepper Flakes Paprika Black Pepper Parsley Flakes Oregano Salsa Sour Cream Shredded Cheddar Cheese	9 Lunch Entree Ramen Bar Turkey & Cheese Sandwich on Wheat Hamburger Roll Soy Butter Sandwich w/ Jelly Vegetables Salad Bar Fruit Gala Apple Banana Navel Orange Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Crushed Red Pepper Flakes Paprika Black Pepper Parsley Flakes Oregano	10 Lunch Entree Buffalo Mac & Cheese Turkey & Cheese Sandwich on Wheat Hamburger Roll Soy Butter Sandwich w/ Jelly Vegetables Salad Bar Fruit Gala Apple Banana Navel Orange Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Crushed Red Pepper Flakes Paprika Black Pepper Parsley Flakes Oregano	11

Lunch Entree 14 American Chop Suey w/ Beef, Tomato Sauce & Rotini (2 oz MMA, 1 oz WG) Turkey & Cheese Sandwich on Wheat Hamburger Roll Soy Butter Sandwich w/ Jelly Vegetables Salad Bar Fruit Gala Apple Banana Navel Orange Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Crushed Red Pepper Flakes Paprika Black Pepper Parsley Flakes Oregano	Lunch Entree 15 Grilled Chicken Sandwich Turkey & Cheese Sandwich on Wheat Hamburger Roll Soy Butter Sandwich w/ Jelly Vegetables Salad Bar Fruit Gala Apple Banana Navel Orange Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Crushed Red Pepper Flakes Paprika Black Pepper Parsley Flakes Oregano	Lunch Entree 16 Burger Bar w/ Cheese, Lettuce, Tomato, Pickles & Onions Turkey & Cheese Sandwich on Wheat Hamburger Roll Soy Butter Sandwich w/ Jelly Vegetables Roasted Potatoes (1 c) Salad Bar Fruit Gala Apple Banana Navel Orange Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Crushed Red Pepper Flakes Paprika Black Pepper Parsley Flakes Oregano	Lunch Entree 17 Chicken Alfredo Pasta Turkey & Cheese Sandwich on Wheat Hamburger Roll Soy Butter Sandwich w/ Jelly Vegetables Salad Bar Fruit Gala Apple Banana Navel Orange Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Crushed Red Pepper Flakes Paprika Black Pepper Parsley Flakes Oregano	Lunch Entree 18 Red Pizza w/ Cheese Turkey & Cheese Sandwich on Wheat Hamburger Roll Soy Butter Sandwich w/ Jelly Vegetables Salad Bar Fruit Gala Apple Banana Navel Orange Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Crushed Red Pepper Flakes Paprika Black Pepper Parsley Flakes Oregano
---	--	---	---	---

Lunch Entree Jamaican Jerk Chicken & Rice w/ Corn Chicken Caesar Wrap Soy Butter Sandwich w/ Jelly Vegetables Salad Bar Fruit Gala Apple Banana Navel Orange Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Crushed Red Pepper Flakes Paprika Black Pepper Parsley Flakes Oregano	21	Lunch Entree Nachos w/ Taco Beef, Lettuce & Tortilla Scoops (no cheese) Chicken Caesar Wrap Soy Butter Sandwich w/ Jelly Vegetables Salad Bar Fruit Gala Apple Banana Navel Orange Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Crushed Red Pepper Flakes Paprika Black Pepper Parsley Flakes Oregano Salsa Sour Cream Shredded Cheddar Cheese	22	Lunch Entree Chicken Caesar Wrap Chicken Tenders on Wheat Hamburger Roll Soy Butter Sandwich w/ Jelly Vegetables Salad Bar Fruit Gala Apple Banana Navel Orange Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Crushed Red Pepper Flakes Paprika Black Pepper Parsley Flakes Oregano	23	Lunch Entree Cheesy Beef Tortellini & Wheat Dinner Roll Chicken Caesar Wrap Soy Butter Sandwich w/ Jelly Vegetables Salad Bar Fruit Gala Apple Banana Navel Orange Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Crushed Red Pepper Flakes Paprika Black Pepper Parsley Flakes Oregano	24	Lunch Entree Cheese Quesadilla Chicken Caesar Wrap Soy Butter Sandwich w/ Jelly Vegetables Salad Bar Fruit Gala Apple Banana Navel Orange Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Crushed Red Pepper Flakes Paprika Black Pepper Parsley Flakes Oregano	25
---	----	---	----	--	----	---	----	--	----

Lunch Entree Breaded Chicken Drumsticks Turkey & Cheese Sandwich on Wheat Hamburger Roll Soy Butter Sandwich w/ Jelly Vegetables Salad Bar Mashed Potatoes Fruit Gala Apple Banana Navel Orange Grains Wheat Dinner Roll Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Crushed Red Pepper Flakes Paprika Black Pepper Parsley Flakes Oregano	28 Lunch Entree Swedish Meatballs w/ Gravy & Rotini Turkey & Cheese Sandwich on Wheat Hamburger Roll Soy Butter Sandwich w/ Jelly Vegetables Salad Bar Fruit Gala Apple Banana Navel Orange Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Crushed Red Pepper Flakes Paprika Black Pepper Parsley Flakes Oregano	29 Lunch Entree Chicken Soft Taco Turkey & Cheese Sandwich on Wheat Hamburger Roll Soy Butter Sandwich w/ Jelly Vegetables Salad Bar Shredded Iceberg Lettuce Fruit Gala Apple Banana Navel Orange Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Crushed Red Pepper Flakes Paprika Black Pepper Parsley Flakes Oregano Salsa Sour Cream Shredded Cheddar Cheese	30	
---	--	--	-----------	--

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, religion, sex, disability, age, marital status, family/parental status, income derived from a public assistance program, political beliefs, or reprisal or retaliation for prior civil rights activity, in any program or activity conducted or funded by USDA (not all bases apply to all programs). Remedies and complaint filing deadlines vary by program or incident.

Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotope, American Sign Language, etc.) should contact the State or local Agency that administers the program or contact USDA through the Telecommunications Relay Service at 711 (voice and TTY). Additionally, program information may be made available in languages other than English.

To file a program discrimination complaint, complete the USDA Program Discrimination Complaint Form, [AD-3027](#), found online at How to File a Program Discrimination Complaint and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call [\(866\) 632-9992](#). Submit your completed form or letter to USDA by:

mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Mail Stop 9410, Washington, D.C. 20250-9410;
fax: [\(202\) 690-7442](#); or
email: program.intake@usda.gov.

USDA is an equal opportunity provider, employer, and lender.