

FRIDAY, APRIL 12TH, 2024

THE PULSE OF RINI

RINI Community News

At-a-Glance

SPECIAL REMINDERS

Chromebooks ONLY, Please: Students are only allowed to use their Chromebooks in school when they are online – NO EXCEPTIONS. The RINI network has specific safety measures in place to protect your students from online intrusions. This important safety net does not extend to other laptops that students may bring to school. As a result, students MAY NOT use their personal laptops and tablets in school to access online work. Students can take notes on tablets but will still need their school issued computer. Please remind your students to pack their school-approved Chromebooks and chargers each morning.

IEPs & 504s: If your student has an IEP, please contact Ms. Marin Kafal (mkafal@rinimc.org) for any IEP related questions. If your student has a 504, please contact Ms. Damaris Rosales (drosales@rinimc.org).

Bus Passes: Students who need to replace their bus passes should contact Ms. Santiago (jsantiago1@rinimc.org).

PTA and School Improvement Team: Are you interested in helping improve our school community? We're asking for parents and families to get involved in helping us create a Parent-Teacher Association, and to join our School Improvement Team. Please email Principal Ferland (tferland@rinimc.org) for more information.

Financial Literacy: Financial literacy is the knowledge of how to make smart decisions with money. This includes preparing a budget, knowing how much to save, deciding favorable loan terms, understanding the impacts on credit, and distinguishing different vehicles used for retirement. We will be offering this to our students after school on Mondays from 2:30 to 3:30. If you are interested in your child joining, please email Ms. Lopes @ jlopes@rinimc.org. If you would like a parent version of the class to be offered, please email Ms. Lopes.



RHODE ISLAND
NURSES INSTITUTE
MIDDLE COLLEGE
CHARTER SCHOOL

Dates to Remember

- APRIL 15TH - 19TH - APRIL VACATION
- APRIL 24TH - MAKEUP SAT DAY
- MAY 1ST - ELA STAR TESTING
- MAY 2ND - ACCUPLACER

Upcoming Events

- PARENT HEATH NIGHT - THURSDAY, APRIL 25TH
- NATIONAL DRUG TAKE BACK DAY - SATURDAY, APRIL 27TH
- OPEN STAGE NIGHT - THURSDAY, MAY 16TH

After School Clubs

SAT PREP: TUESDAYS AND THURSDAYS @ 2:30

DEIB CLUB (DIVERSITY, EQUITY, INCLUSION, AND BELONGING): EVERY TUESDAY, 3-4 PM

STUDENT COUNSEL: TUESDAYS @ 2:30PM

SAFEBAE: THURSDAYS @ 2:30PM

CROCHET CLUB: THURSDAYS @ 2:30PM

OPEN STAGE NIGHT REHEARSALS: STARTS APRIL 25HT; THURSDAYS, AFTER SCHOOL. MANDATORY FOR PERFORMERS.



Excellentia!

We made it to April vacation! Hopefully students and families will be able to take this time to rest and recharge. We are in the last nine weeks of the school year, and I want to take a moment to encourage students to stay focused and on track to successfully complete this semester.

Seniors are in the process of making decisions about where they are going to attend college. During this exciting time, we want to remind seniors about the importance of completing their Free Application for Federal Student Aid (FAFSA). In addition to being a graduation requirement at RINI, completing the FAFSA is a huge part of ensuring that students have access to student loans and other financial aid for college, including their eligibility for scholarships and grants. Without completing FAFSA, students run the risk of being unable to receive financial aid. We are here to help students complete their FAFSA and to answer any questions about it. As a reminder, you should never have to pay to complete the FAFSA. Please reach out to Ms. Bininger (tbininger@rinimc.org), our guidance counselors (jfranzoni@rinimc.org and ncoetzee@rinimc.org), or myself (tferland@rinimc.org) if you have any questions. Again, completing the FAFSA is a graduation requirement.

April is a relatively short month with the vacation week, but there are a few dates that families should be aware of after vacation. On April 24th, we will have makeups for the SAT. Students who were not present in school to take the SAT at the beginning of the month are required to take the exam on this date. Additionally, we have an upcoming Parent Health Night on Thursday, April 25th, and hope that families will be able to attend.

I wish everyone a healthy and safe April vacation.



In partnership,
Principal Ferland

“Progress means
getting nearer to
the place you want
to be.”

C.S. LEWIS

School Shoutouts - Student Spotlight



Student Spotlight: Acasia Baez

Mrs. Gaspar says of Acasia that, "No matter the day or situation, you can always count on Acasia Baez being there and trying her best. This dedication is reflected in her at least 11 different college acceptances (that I know of) and high grades in not only RINI courses but also difficult college courses. Besides being impressive academically, Acasia is also a very caring person and has taken on the role of caregiver a few times within her family and friends. She enjoys caring for others, which is why she will be a great future nurse."

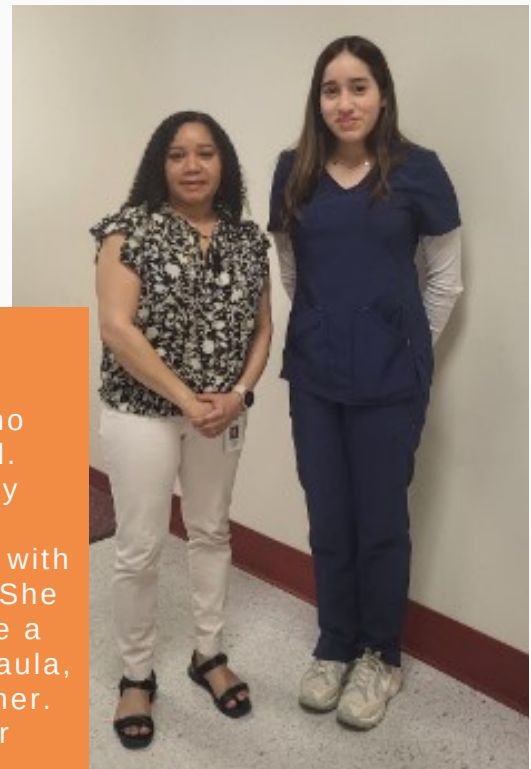


Student Spotlight: Edilma Ramirez

Nominated by Mrs. Gaspar, Edilma "always demonstrates kindness towards others and truly cares about her friends and classmates. She will do whatever she can to help anyone which will make her a great nurse! If she faces a setback or a barrier, she never lets that get her down. She pushes through with a smile, never complaining. She always finds her own way of accomplishing a task that exceeds expectations."

Student Spotlight: Paula Guerrero

Paula was nominated by Mrs. Newberry, who says, "Paula is respectful, patient and kind. This force of character models what a highly effective nurse looks like. In addition, she advocates for her peers and is very helpful with our Spanish speaking students in CCR 10. She is valued and appreciated. I am happy to be a part of her academic experience at RINI. Paula, it is an honor and pleasure to be your teacher. Keep up the good work! Muchas gracias por todo!"





NURSE'S NOOK & UPDATES FROM STUDENT SUPPORT

Nurse's Nook

As many may have been hearing, the nasty "NoroVirus" has indeed been going around our community. Amongst staff and students alike.

There are some tips I'd like to share with you all, as it is not a CRISIS we are in, just an increased awareness. #1- Keep Washing Your Hands! Hand Sanitizers in all areas!

- Use proper hygiene: Wash your hands with soap and water, especially after using the bathroom or before or after eating. An addition (not a substitute) of alcohol-based hand sanitizer can also help combat harmful bacteria.
- Be careful in the kitchen: Wash fruits and vegetables before cooking or eating them.
- Limit activity if you're infected: Do not prepare food for others while you have norovirus symptoms to avoid the spread of the illness.
- Disinfect: After a sick episode, clean any surfaces that may have been contaminated with bleach-based cleaner.
- Wash Laundry: Any clothing that is contaminated should be washed immediately to limit the spread of the virus.

The Health Department also noted that although we're in peak norovirus season, the number of cases are on par with recent years.

With this in mind, please let Ms. Ferland or Ms. Alford know if you are going to be out ill and take care of yourselves! I'm here to help however I can!

Guidance and Advisory Updates

Dress Code Reminders: Students should be wearing cardigans, nursing jackets, and crewneck sweaters underneath their scrub tops. **Hoodies are not allowed with our uniforms**, and while students can wear coats to school, they are not allowed to wear their coats in class. Coats and jackets can be hung up on the hooks installed in every classroom. Additionally, we ask that students remember that bubble sandals are not acceptable footwear.



April is Alcohol Awareness Month

Alcohol is the most commonly used substance among young people in the U.S.

The 2021 [Youth Risk Behavior Survey](#) found that among high school students, during the past 30 days:

- 23% drank alcohol.
- 11% [binge drank](#).
- 5% of drivers drove after drinking alcohol.
- 14% rode with a driver who had been drinking alcohol

Rates of current and binge drinking among high school students have generally been declining in recent decades. Although males historically had higher rates, in 2019 and 2021, female high school students were more likely to drink alcohol and binge drink than male high school students.

Underage Drinking is Risky

Youth who drink alcohol are more likely to experience:

- School problems, such as higher rates of absences or lower grades.
- Social problems, such as fighting or lack of participation in youth activities.
- Legal problems, such as arrest for driving or physically hurting someone

while drunk.

- Physical problems, such as hangovers or illnesses.
- Unwanted, unplanned, and unprotected sexual activity.
- Disruption of normal growth or sexual development.
- Physical and sexual violence.
- Increased risk of suicide and homicide.
- Alcohol-related motor vehicle crashes and other unintentional injuries, such as burns, falls, or drowning.
- Memory problems.
- Misuse of other substances.
- Changes in brain development that may have life-long effects.
- Alcohol poisoning.

In general, the risk of youth experiencing these problems is greater for those who binge drink than for those who do not binge drink. Early initiation of drinking is associated with development of an alcohol use disorder later in life.

Underage Drinking is Associated with Adult Drinking

Studies show a relationship between underage drinking behaviors and the drinking behaviors of adult relatives, adults in the same household, and adults in the same community and state.

There is a relationship between youth and adult drinking, including binge drinking, in states and communities. A 5% increase in binge drinking among adults in a community is associated with a 12% increase in the chance of underage drinking. Among adolescents whose peers drink alcohol, those whose parents binge drink are more likely to drink alcohol than those whose parents do not.

What Can YOU Do to Prevent Your Teen From Drinking

- Be a Positive Adult Role Model.
- Stay away from alcohol in high-risk situations. For example, do not operate a vehicle after drinking alcohol.
- Get help if you think you have an alcohol-related problem.
- Do not give alcohol to your children. Tell them that any alcohol in your home is off limits to them and to their friends.



Medical Insurance

Do you or members of your family need medical insurance? RINI has connections to various organizations that can help families in need of medical insurance. If you would like more information, please contact Ms. Santana, Director of Nursing at RINI at Jsantana2@rinimc.org.

PVD Connects

Do you need the internet? Are you a Providence resident?

PVD Connects that will pay 30 dollars a month for internet service. [Here is the link](#). City of Providence PVD Connects - City of Providence (providenceri.gov) This is a need based resource.

Fairy Garden Days at Roger Williams Botanical Center

Buy timed tickets and register [HERE LINK HERE](#)

The mystical and magical take over the greenhouses for this family and community event. This annual event is perfect for old and young alike. Over 6500 people attend each year to be inspired with these whimsical creations from nature. Community members bring their handcrafted houses to our Botanical Center to help us create miniature villages where fairies, gnomes and DRAGONS reside. The houses are hidden among the tropical plants and foliage. It is a true delight when children find their own creations nestled in a tiny village with other fairy homes.

Additional Information - Drug Take Back Day

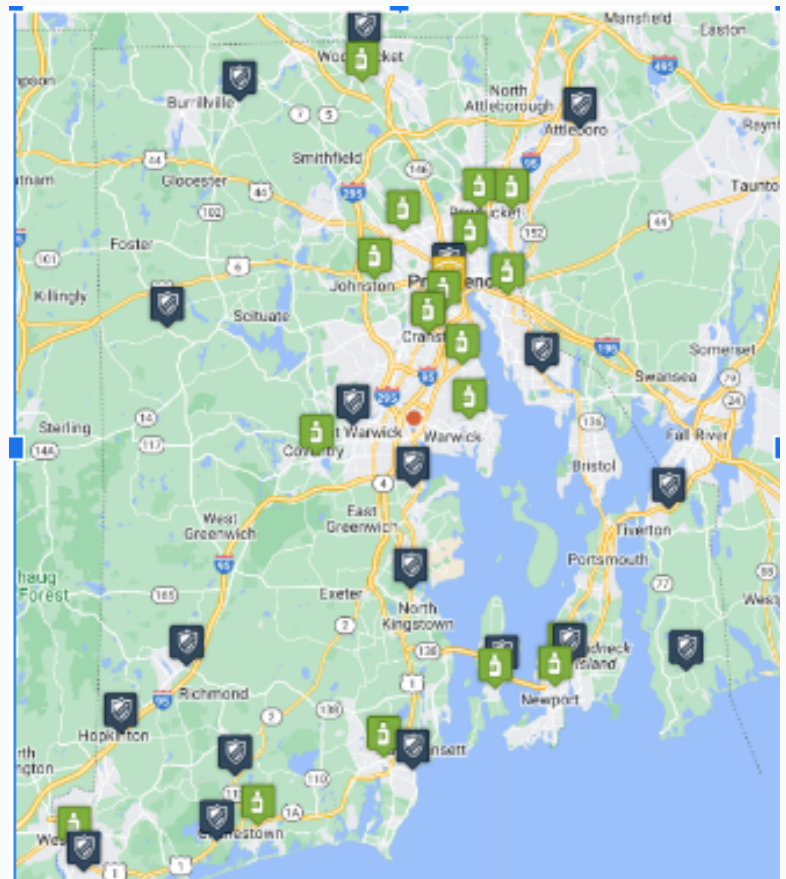
DRUG TAKE BACK DAY- April 27, 2024

DEA's (Drug Enforcement Administration) next Prescription Drug Take Back Day is
April 27, 2024

The National Prescription Drug Take Back Day aims to provide a safe, convenient, and responsible means of disposing of prescription drugs, while also educating the general public about the potential for abuse of medications.

Encourage your school's families to go through their medicine cabinets and get rid of unused and/or expired medications. Prescription drugs can always be dropped off at police departments and CVS stores, any time. Check the website below to identify sites where prescriptions can be dropped off for appropriate disposal.

<https://preventoverdoseri.org/get-rid-of-meds/>



Here is a map of where families can drop their expired and not needed meds in RI. Not accepted are fluids or needles.

Revised Academic Calendar - 2023/2024 School Year

August 2023						
Su	M	Tu	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

September 2023						
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October 2023						
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29	30	31				

November 2023						
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19	20	21	22	23	24	25
26	27	28	29	30		

December 2023						
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January 2024						
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28	29	30	31			

February 2024						
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18	19	20	21	22	23	24
25	26	27	28	29		

March 2024						
Su	M	Tu	W	Th	F	S
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24	25	26	27	28	29	30

April 2024						
Su	M	Tu	W	Th	F	S
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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

May 2024						
Su	M	Tu	W	Th	F	S
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12	13	14	15	16	17	18
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26	27	28	29	30	31	

June 2024						
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23	24	25	26	27	28	29

July 2024						
Su	M	Tu	W	Th	F	S
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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

AUGUST	DECEMBER	APRIL
8/21 - 8/25 - New Teacher orientation	25-29 - Holiday Recess (No School)	10 - Eid al-Fitr (no school)
8/28 - 8/30 - Teacher orientation		2 - Primary Election Day (no school)
	JANUARY	15 - 19 - Spring Recess (no school)
SEPTEMBER	1 - New Year's Day (no school)	MAY
4 - Labor Day (no school)	15 - Dr. Martin Luther King Jr. Day (no school)	1 - Sr. Decision Day
5 - First Day of School	23 - End of 1st semester	24 - Senior Presentation Day (12:30-3:30)
25 - Yom Kippur (no school)	24, 25, 26 - Exams	Early dismissal at 12:00
OCTOBER	29 - Semester 2 begins	26 - Junior/Senior Prom
9 - Indigenous People's Day (no school)		27 - Memorial Day (no school)
	FEBRUARY	29, 30, 31 - Senior exams
NOVEMBER	19-23 - Winter Recess (no school)	
13 - Veteran's Day (no school)		June
22, 23, 24 - Thanksgiving Recess	MARCH	4 - Cap and gown distribution
	29 - Good Friday (no school)	5 - Senior Awards Night
		10 - Graduation
		17, 18, 20 - Underclassmen Exams
		19 - Juneteenth (no school)
		21 - exam make up/last day of school