



RHODE ISLAND  
**NURSES INSTITUTE  
MIDDLE COLLEGE**  
CHARTER SCHOOL



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**RINI Principal's Update - April 2, 2021**

**RINI UPCOMING CALENDAR DATES:**

**April 2:** Good Friday (No School)

**April 19-April 23:** April Vacation (No School)

**JOIN THE RINI MIDDLE COLLEGE BUILDING COMMITTEE:** RINI Middle College is forming a building committee to engage and advise in the overall educational facility master planning for the construction of a new facility and school building. We are seeking at least one member of the community with architectural, engineering, and/or construction experience to provide input relative to the effect of the project on the community and to examine building design and construction plans for reasonableness. This is a volunteer position and will be an active committee meeting frequently.

**2021 SurveyWorks Window Extended Until April 9, 2021** Complete the Survey Works Survey and your name will be entered for a chance to earn a \$250 visa gift card. This a token of appreciation for our RINI Families.

**To earn the visa gift card:**

- Complete the survey in a language you are comfortable with:
- [RINI SurveyWorks \(English\)](#)
- [RINI SurveyWorks \(Spanish\)](#)
- Take a picture of your screen showing you have submitted it (or provide a screenshot)
- Email image to [mtsiane@rinimc.org](mailto:mtsiane@rinimc.org).
- Celebrate with your \$250 gift card!

The last day to complete the survey is **Friday, April 9.**

Parents/Guardians, this is an opportunity to provide feedback on how the school is doing.

We thank you and appreciate your participation.

**FROM THE SOCIAL WORKER'S OFFICE**

**RINI Middle College acknowledges and recognizes how challenging the last year has been given the COVID-19 Pandemic, violence and the many losses experienced.** We want you to know that there are resources and help

available. If you are concerned about your student's mental health please reach out to the Bilingual School Social Worker Ms. Pellegrino at [spellegrino@rinimc.org](mailto:spellegrino@rinimc.org) who has resources and information available. Please do not suffer in silence. If you are unsure or are having a hard time figuring out how to have difficult conversations with your student I can also give you some assistance with that. Do not hesitate to reach out for help.

**COVID-19 Funeral Assistance Available.** The COVID-19 pandemic has brought overwhelming grief to many families. Under the Coronavirus Response and Relief Supplemental Appropriations Act of 2021 and the American Rescue Plan Act of 2021, FEMA will provide financial assistance for COVID-19-related funeral expenses incurred after January 20, 2020. [COVID-19 Funeral Assistance](#)

### **ACADEMICS:**

**WE ARE DOING GREAT THINGS IN EDUCATION!** This week we successfully initiated in-person CNA lab time; this will continue throughout the month of March. Students attendance and participation has been outstanding. Students, please keep up the momentum!

### **SENIORS: LET'S GET READY FOR GRADUATION!**

Please complete these items during this month, so we can begin putting together the slideshow for senior awards night.

1. Start creating your personal slide that will be shown at awards night. The template and directions are below - all you need to do is make a copy, personalize, and send it to [kgaspar@rinimc.org](mailto:kgaspar@rinimc.org).

[Awards Night Personal Slide Template](#)

2. Vote for your classmates! (voting closes in two weeks FYI).

[Class of 2021 Superlatives Form](#)

3. Send in pictures of your RINI experience - we want everyone to be included! Pictures of you all as a group will be helpful.

[Class of 2021 RINI Experience Pictures](#)

### **COLLEGE AND CAREER UPDATES:**

[PrepareRI Ambassador Team](#) is excited to announce the launch of monthly themed webinars, intended to increase awareness about the amazing opportunities available to best support students' college and career pathways. Please find a list of monthly webinar topics below:

- April: All Course Network
- May: Saving Money in College with PrepareRI
- June: Work-Based Learning
- July: PrepareRI Alums – Where are they now?

You can register for the webinars [here](#). If you have questions about the monthly webinar series, please contact Wendy Wallace, at [wendy.wallace@ride.ri.gov](mailto:wendy.wallace@ride.ri.gov).

### **SCHOLARSHIP OPPORTUNITY:**

**The 1SG P. Andrew McKenna Memorial Scholarship** is offered annually to two graduating seniors in the State of Rhode Island in honor of 1SG McKenna. Andrew was a Green Beret assigned to the 7th Special Forces Group, killed in action on August 7th, 2015 in Kabul, Afghanistan. Qualified applicants must submit completed applications no later than Friday, April 16th, 2021. Chosen recipients will each receive a \$1,500 scholarship check in their name. Application details can be found by emailing [1SGPAM@gmail.com](mailto:1SGPAM@gmail.com).

**The Rhode Island Foundation** is pleased to announce that applications are now being accepted for the Martin Luther King Scholarship. The Martin Luther King Scholarship Fund provides scholarships to students who meet the following criteria:

- Rhode Island resident
- Applicants must be African-American/Black
- Accepted or enrolled in an accredited post-secondary college or technical school within the U.S.
- Must demonstrate academic and leadership success
- Must be able to demonstrate financial need

The award amounts vary and the scholarship may be renewable.

Deadline for application submission is Monday, April 12, 2021 by 5 p.m. (EST). Please click [here](#) to apply. Contact Kelly Riley, Donor Services Administrator, by calling: 401-427-4028, or emailing her at: [kriley@rifoundation.org](mailto:kriley@rifoundation.org).

### **2021 Navigant Credit Union Scholarship Accepting Applications**

The 2021 Navigant Credit Union Scholarship is open to any graduating high school senior entering an accredited junior college, college, university or tech school. The applicant or parent/guardian must be a member of Navigant Credit Union in good standing. The deadline for this scholarship is Monday, May 3rd 2021. The [Scholarship](#) can be downloaded from the Navigant Credit Union website. Please contact Kelley Schimmel at [scholarships@navigantcu.org](mailto:scholarships@navigantcu.org) with any questions.

### **It's My Heart New England Scholarships 2021**

It's My Heart New England is offering 4 scholarships in the amount of \$1,500 each for 2021. The scholarships are awarded to qualified high school and college students who meet the following criteria: diagnosed with Congenital Heart Defect (CHD); been the recipient of a heart transplant; or have a family member (sibling, parent) diagnosed with CHD.

You can access the [application here](#) for these scholarships on our website. Applications must be postmarked by March 26, 2021 for award on or before June 27, 2021. Have questions? Email us at [ne@itmyheart.org](mailto:ne@itmyheart.org)

### **It is not too late to file for FAFSA!**

Day and night appointments are available. Book your appointment at [The College Planning Center](#) or call 401-736-3170 [Prepare for FAFSA](#)

## **FROM THE NURSE'S OFFICE**

### **Traveler and Close Contacts Rules for RINI**

Student travelers can **NOT** test out of quarantine to return to RINI sooner than 10 days after travel.

1. **International travelers** must quarantine for **10 days** and monitor for symptoms for 14 days.

2. You must show your return plane ticket/boarding pass to Ms. Ferland to return to school.
3. **Domestic travelers to a [state with >5% positivity](#)** must quarantine for 10 days.
4. **Close Contacts** must quarantine for 10 days from the last time they were in contact with the infected individual and continue to monitor for symptoms for another 4 days.

### **Allergy Symptoms**

It is allergy season in RI. If a student has symptoms that could be from an allergy or COVID the student must STAY HOME and get tested. If the test is negative they can return after 24 hours if symptoms resolve. Start your student taking their allergy relief meds NOW. If symptoms go away and reappear this process needs to be repeated.

### **Reminders for Students**

#### **The 3 Ws**

**W**ear a mask

**W**ash your hands (sanitize frequently)

**W**atch your distance

#### **In-Person Students**

- Hydrate, hydrate, hydrate! Wearing a mask all day is exhausting. By drinking water, we minimize the occurrence of headaches and eliminate some of the fatigue.
- Eat breakfast and lunch. If you don't like ours bring something with you from home.
- If you feel sick, stay home and attend class virtually.

### **WORKFORCE INFORMATION:**

**Please contact Mrs. Wozniak at: [awozniak@rinimc.org](mailto:awozniak@rinimc.org)** if you are interested in participating in community volunteer opportunities through the ZOOM

platform to area residents in nursing facilities. Additional information can be found at: [RINI Workforce Development Office](#)

**The 2021 Heart Walk is open!** This year our walk will be a digital experience that joins our Southern New England and Southcoast Heart Walks. You can visit the registration page [HERE](#)! The experience will start in the beginning of May and will end with a virtual celebration on Sunday, June 6th on Facebook. Families are all welcome! This is a great way to get safely outdoors and start that healthy exercise we have been planning on all winter! Sign up now.

### **COMMUNITY UPDATES:**

**Get Healthy in 2021!** Recruitment for New Mood and Weight group program (BALANCE) being offered for teens. BALANCE is a 16-week, 90-minute after school program that consists of mindfulness practice, CBT focusing on mood, nutrition, and health and brief mild-to-moderate physical activity. BALANCE is for teens ages 13-18 with depression who want to improve their mood while achieving a healthy weight. Most insurances accepted. Please see attached flyer and call with any questions.

### **The Path to Healthy Eating: Free food distribution**

Eat healthy this year. Starting from **Friday 2/5 and every Friday through March 10am - 12pm at the Pell elementary school in Newport** free food will be distributed. It is open to all Rhode Islander. You just have to show up!

The RI Food Bank is distributing at this site. Boxes include produce, meat and milk.

**The WeR1 Fund is providing \$400 gift cards for Rhode Islanders** who are not eligible for most federal relief programs due to their immigration status. The funds allow for purchase of groceries, gas, and other basic necessities. Those in need of assistance should visit [Dorcas International](#) to apply. Applications can also be found in [Spanish](#), [Portuguese](#), and [Haitian Creole](#).

### **GRAB AND GO MEALS:**

**PROVIDENCE:** Breakfast and lunch meals are now available to families with



children ages 18 and under on Tuesdays and Fridays. Times for pick up are 2:30pm to 4:30 pm.

Here are the sites that are serving meals [Providence Grab and Go Sites](#)

**RHODE ISLAND FOOD SITES:** If your family lives in a location other than Providence, please click below for a list of food sites that serve your community:

[RI FOOD SITES](#)

### **COMMUNITY OPPORTUNITIES:**

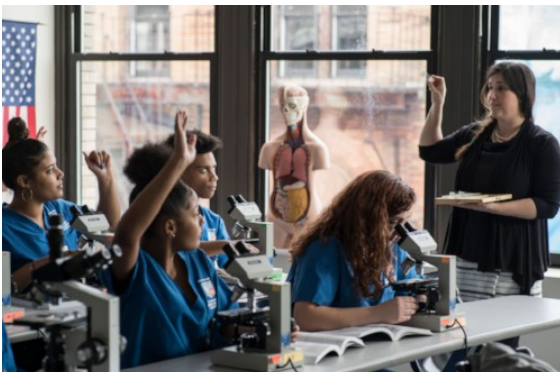
Live, learn locally at the Providence Community Library!

- [Learn Italian - Beginner & Advanced Levels](#)
- [Learn Spanish in 2021 with PCL](#)
- [New ESL Classes](#)
- [Prepare for U.S. Citizenship with These Virtual Classes](#)
- [Tools for Healthy Living - A Virtual Series](#)

### **One Hour Resume Building Workshops, Thursdays**

Email Krista at: [kristavp@gmail.com](mailto:kristavp@gmail.com) to set up a one-on-one appointment for help with your resume. This workshop is online with Google Meet. If you need help using [Google meet](#), we will help you.

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